

Program	Age and Phone	Services
Help Me Grow Provides referrals to identify and help children with development and learning delays	Birth to 5 years 1.866.693.4769	<ul style="list-style-type: none"> • Special instruction by early childhood specialists. • Speech, physical and occupational therapists. • Assistance connecting with community services/programs. For more information, see HelpMeGrowMN.org
MFIP Teen Service – Teen HOPE <i>(Minnesota Family Investment Program)</i> Support for teen parents as they work to complete education and/or get a job	Teen parents 612.617.4700 MVNA	<ul style="list-style-type: none"> • Monthly visits from a public health nurse for parenting support and connections to community resources • Helping teen parents find work and/or get more education
Parent Support Outreach Project Help in keeping parents with many types of issues safe and healthy	Pregnant women or parents with a child under age 10 612.348.0211	<ul style="list-style-type: none"> • Assistance with mental health, crisis counseling, addiction and other medical needs • Help with getting food, clothing and housing; achieving school success; and staying safe from violence at home • Assistance with financial support, job searches and training, and money management • www.hennepin.us/parentsupport
Public Health Nurse Home Visit/Family Health Care for targeted families to promote healthy birth outcomes, safe environments, family self-sufficiency, and child growth and development	Prenatal and families with young children 612.617.4700 MVNA	<ul style="list-style-type: none"> • Parenting support and connections to community resources • Education regarding child health, safety and development • Chronic disease management • Services for children with special needs and other medical conditions
WIC <i>(Women, Infant and Children Nutrition Program)</i> Nutrition program for pregnant and postpartum women, and young children	Pregnant and postpartum women; children birth to age 5 612.348.6100	<ul style="list-style-type: none"> • Healthy eating counseling and advice • Providing monthly vouchers for healthy foods • Breastfeeding support

For more information about any of these services, call 612.348.4111



HENNEPIN COUNTY CHILDHOOD RESOURCES

Program	Age and Phone	Services
Baby Tracks An immunization education resource that partners with hospitals, clinics and community agencies to help improve immunization rates	Birth through age 2 612.348.6087	<ul style="list-style-type: none"> • Answers to parent immunization questions from bilingual staff • Postcard reminders and help in finding clinics for immunizations • Case management when families need help with immunizations • Referrals to community agencies for other needed assistance
Child & Teen Checkups (C&TC) Preventative health care for families on Medical Assistance	Birth through age 20 612.348.5131	<ul style="list-style-type: none"> • Bilingual staff • Scheduling medical and dental appointments • Help in finding medical or dental providers • Arranging transportation and interpreter services • Connecting families with other community resources
Child Crisis Team Mobile and telephone help to families dealing with a mental health crisis	Children 17 and younger in crisis 612.348.2233	<ul style="list-style-type: none"> • Mental health risk assessments • Resources, referrals and strategies to keep children safe at home
Children's Mental Health Services Support for children with a mental health diagnosis that qualifies as a severe emotional disturbance	Children through age 18 with applicable diagnosis 612.348.4111	<ul style="list-style-type: none"> • Obtaining and coordinating therapeutic and supportive mental health services • Mental health case management services
Child Service Planning Social work assistance for families of children with special needs	All ages 612.348.4111	<ul style="list-style-type: none"> • Assessments for access to services from county or community resources • Assistance with financial resources such as Social Security Income, Medical Assistance/TEFRA and waivers/grants • Case management services
Early Childhood Screening Required screening for all children to determine school readiness	Age 3 (up to age 5) 651.582.8412	<ul style="list-style-type: none"> • Kindergarten readiness assessments • Vision, hearing and development screening • Referrals, access to early childhood programs or services to better prepare children for kindergarten
Early Childhood Family Education (ECFE) Activities and experiences to enhance children's social, emotional, cognitive, physical, and language skills.	Parents of children birth to age 5 651.582.8412	<ul style="list-style-type: none"> • Parent and child classes – an early childhood teacher provides developmentally appropriate activities for parents and children to enjoy together. • Meet other parents to discuss the joys and challenges of parenting, along with topics to address developmental issues of each age group. Discussions led by a licensed early childhood education teacher. • Enrollment into preschool programs • Home visits by a licensed parent educator are available
The Family Partnership: Parenting For The Future Parenting program for parents who have cognitive limitations	Parenting at least one child under age 5 612-977-3223	<ul style="list-style-type: none"> • Classroom instruction four hours, two days per week • Home visiting tailored to family needs • Childcare and early child education • Transportation for parent and children
Family Support Services Helps parents with first or second child develop the knowledge, skills and confidence to meet their baby's needs	Prenatal to 1 year 612.596.7537	<ul style="list-style-type: none"> • Education on how to care for and interact with your baby • Information about child growth and development • Connections to other community resources • Home visiting up to 4 years
Follow Along Program Assists parents in tracking their child's growth and development	Birth to 3 years 612.348.5624	<ul style="list-style-type: none"> • Developmental tracking through a series of questionnaires • Age-appropriate activity sheets • Information and referrals in accessing services when needed

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